

Shotokan Karate International Australia Incorporated

Informed Consent and Participation Commitment

For participation in Shotokan Karate International Australia and related activities, including those of other endorsed organisations, for the purposes of exchange, training, competition and seminars.

PART A

Shotokan Karate International Australia Incorporated (SKIA) and other endorsed organisations training, competition, seminars and activities involve physical contact with other participants. Due to the very nature of Karate-do the physical and mental demands can be very high. Techniques are often delivered at high speed and participants are required to move with rapid changes of direction. Also, due to the nature of training and competition, participants may be required to train with and compete against others of mixed ranges of age, weight, height and skill levels.

Various musculoskeletal injuries may result simply due to the high velocity movement. Also, unintentional physical contact may result during technique delivery, evasion or application of unbalancing or counter techniques. Physical contact whilst blocking or grappling is inherent to Karate-do participation and related activities.

As a member of SKIA you agree to follow the directions of the Sensei/Teacher. Also, you agree to apply yourself, to the best of your endeavours, to development of your character, to be truthful, to foster and display a spirit of effort, to apply proper etiquette, and to display courage without impertinence.

You are aware of the inherent risk and the participation commitment expected in Karate training. By signing this *Informed Consent and Participation Commitment*, and taking part in SKIA Karate training or related activities (or if a parent or guardian allowing your child to take part), you knowingly accept the risk and commitment for yourself (or your child) and subject to your (or your child's) right to claim pursuant to the Shotokan Karate International Australia Inc. (SKIA) insurance policy you (or your child) hereby absolve SKIA and its instructors, servants or agents from liability in respect of any injury, physical or otherwise, that may result due to your participation in Karate training and related activities.

As a parent/legal guardian of Junior Age Participant, or, a consenting adult, I declare that I have read and fully understand the above outlined inherent risks of Karate-Do and the endeavours expected of participants and hereby give my informed consent for participation in SKIA Karate Training and related activities.

PART B

Therefore, as a parent or legal guardian of the Nominated Junior Age Participant below, I declare that I have read and fully understand the above outlined inherent risks of Karate-Do and the endeavours expected of participants (as per Part A) and give my informed consent for participation in SKIA Karate Training and related activities.

Nominated Junior Age Participant: _____
Please print above!

Legal Parent/Guardian: _____
Please print above!

Signature: _____ Date: _____

PART C

As a physically fit and mentally competent adult, I declare that I have read and fully understand the above outlined inherent risks of Karate-Do and the endeavours expected of participants (as per Part A) and give my informed consent for participation in SKIA Karate Training and related activities.

Name: _____
Please print above!

Signature: _____ Date: _____