

SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

*Approved by the SKIA National Executive Committee, for implementation, from 1/03/2021.
Updates approved by the SKIA Technical & Development Committee, from 1/03/2021.*

The grading requirements, set forth in this document, are to be used and applied in conjunction with the official Grading Regulations of Shotokan Karate International - Australia. Instructors and Examiners must refer to the official grading regulations, when determining which members are eligible to participate in the grading process. The Instructor Guidelines gives a detailed description of the Training Syllabus to be used when a member is being schooled for the gradings listed below. For Kyu Gradings, and at the Examiner's discretion, the Examiner may require the performance of additional techniques, chosen from the Training Syllabus, up to and including the grade being attempted.

Where applicable, all Kyu Grading Kihon will be performed with forward and backward stepping.

WHITE BELT

9th Kyu (Kyukyu)

KIHON (Basics)

Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke
- Chudan soto uke

Kokutsu Dachi, Shuto Uke

- Chudan shuto uke

Zenkutsu Dachi, Kamae

- Mae geri

Kiba Dachi

- Yoko geri keage

All Kihon will be performed with one count, one move.

KATA

- Heian Shodan - One count, one move.

KUMITE

- Gohon Kumite
Jodan and Chudan (Hidari - left leg forward)
One count, one move.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 8 Kyu, regardless of the number of months involved.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 8th Kyu and Double Grading. Pursuant to this condition, an examiner may double grade from 10 Kyu to 8 Kyu at their own discretion. All other double grading conditions **must** be met prior to conducting the grading.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

YELLOW BELT

8th Kyu (Hachikyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke
- Chudan soto uke
- Chudan uchi uke

Kokutsu Dachi, Shuto Uke

- Chudan shuto uke

Zenkutsu Dachi, Kamae

- Mae geri

Kiba Dachi

- Yoko geri keage

KATA

- Heian Shodan

KUMITE

- Gohon Kumite
Jodan and Chudan (Hidari - left leg forward)

If the examiner feels it is appropriate, a Provisional 8 Kyu may be applied. A Black Tip may be applied to the Yellow Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 7 Kyu, regardless of the number of months involved.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 7th Kyu and Double Grading.

General Rule for 8 Kyu to 4 Kyu Gradings

Provisional Grades may be applied, from 8 Kyu (Yellow Belt) to 4 Kyu (Purple Belt), when a applicant has not demonstrated a full understanding of, or demonstration of, the Grading Syllabus. Fail, Provisional and Pass status **must** be recorded on Grading Reports and will be subsequently recorded on the Grading Register. Subsequent attempts, after having failed or received a provisional status of a given grade, must be conducted free of charge. A fee should have been paid at the first attempt.

Refer to the Grading Regulations (Page 3, Clause 8) for a detailed description of this regulation.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

ORANGE BELT

7th Kyu (Nanakyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke, gyaku tsuki
- Chudan uchi ude uke, gyaku tsuki

Kokutsu Dachi

- Chudan shuto uke

Zenkutsu Dachi, Kamae

- Mae geri

Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

Zenkutsu Dachi, Kamae

- Mawashi geri

KATA

- Heian Nidan
- Perform a Kata from a previous grading.

KUMITE

- Sanbon Kumite
Numbers 1 and 2 (Hidari - left leg forward)

If the examiner feels it is appropriate, a Provisional 7 Kyu may be applied. A Black Tip may be applied to the Orange Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 6 Kyu, regardless of the number of months involved.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 6th Kyu and Double Grading.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

GREEN BELT

6th Kyu (Rokkyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke, gyaku tsuki
- Chudan uchi ude uke, gyaku tsuki

Kokutsu Dachi

- Chudan shuto uke

Zenkutsu Dachi, Kamae

- Mae geri

Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

Zenkutsu Dachi, Kamae

- Mawashi geri

KATA

- Heian Sandan
- Perform a Kata from a previous grading.

KUMITE

- Sanbon Kumite
Numbers 1 and 2 (Hidari / Migi)

If the examiner feels it is appropriate, a Provisional 6 Kyu may be applied. A Black Tip may be applied to the Green Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 5 Kyu, regardless of the number of months involved.

Note: Double gradings are not permitted above Green Belt (6 Kyu) level.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

PURPLE BELT

5th Kyu (Gokyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Sanbon tsuki (Jun tsuki - Jodan, chudan, chudan)
- Sanbon tsuki (Gyaku tsuki - Chudan, jodan, chudan)
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke (zenkutsu dachi), enpi uchi, uraken (kiba dachi)
- Chudan uchi ude uke, jodan kizami tsuki, chudan gyaku tsuki
- Chudan shuto uke (kokutsu dachi), nukite (zenkutsu dachi)

Zenkutsu Dachi, Kamae

- Mae ren geri (Chudan, jodan)
- Mawashi geri

Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

KATA

- Heian Yondan
- Perform a Kata from a previous grading.

KUMITE

- Kihon Ippon Kumite
 - 2 Jodan
 - 2 Chudan
 - 2 Mae geri

If the examiner feels it is appropriate, a Provisional 5 Kyu may be applied. A Black Tip may be applied to the Purple Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade 4 Kyu, regardless of the number of months involved.

Note: Double gradings are not permitted above Green Belt (6 Kyu) level.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 5th and 4th Kyu Grading.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

PURPLE BELT

4th Kyu (Yonkyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Sanbon tsuki (Jun tsuki - Jodan, chudan, chudan)
- Sanbon tsuki (Gyaku tsuki - Chudan, jodan, chudan)
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke (zenkutsu dachi), enpi uchi, uraken (kiba dachi)
- Chudan uchi ude uke, jodan kizami tsuki, chudan gyaku tsuki
- Chudan shuto uke (kokutsu dachi), nukite (zenkutsu dachi)

Zenkutsu Dachi, Kamae

- Mae ren geri (Chudan, jodan)
- Mawashi geri

Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

(All Kihon will be required to be performed backwards or forwards as requested)

KATA

- Heian Godan
- Perform a Kata from a previous grading.

KUMITE

- Kihon Ippon Kumite

2 Jodan	1 Yoko geri
2 Chudan	1 Mawashi geri
1 Mae geri	

If the examiner feels it is appropriate, a Provisional 4 Kyu may be applied. A dual Black Tip may be applied to the Purple Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade 3 Kyu, regardless of the number of months involved.

Note: Double gradings are not permitted above Green Belt (6 Kyu) level.

Note: Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

BROWN BELT

3rd Kyu (Sankyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke
- Chudan soto ude uke
- Chudan uchi uke

Kokutsu Dachi

- Chudan shuto uke

Zenkutsu Dachi, Kamae

- Mae geri
- Mawashi geri

Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

Zenkutsu Dachi, Gedan Barai

- Ushiro geri

(All Kihon will be required to be performed backwards or forwards as requested)

KATA

- Tekki Shodan
- Perform a Kata from a previous grading.

KUMITE

- Shitei Kihon Ippon Kumite (Hidari / Migi)

2 Jodan	1 Yoko geri
2 Chudan	1 Mawashi geri
2 Mae geri	

Minimum training time before the next grade is 72 hours, within a minimum period of 6 months. If a member completes 72 hours of training, in less than 6 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 72 hours of training, before being considered for an upgrade 2 Kyu, regardless of the number of months involved.

Note: Double gradings are not permitted above Green Belt (6 Kyu) level.

Note: Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

BROWN BELT

2nd Kyu (Nikyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Mae geri, jun tsuki
- Mawashi geri, gyaku tsuki
- Gyaku tsuki, mae geri, jun tsuki, gedan barai

Zenkutsu Dachi, Kamae

- Mae geri, mawashi geri
- Kizami yoko kekomi, ushiro geri

Kiba Dachi

- Yoko geri keage, (stepping — change leg), yoko geri kekomi

KATA

- Tekki Shodan
- Sentei Kata (choose one Kata from this group):
Bassai Dai
Kanku Dai
Jion
Enpi
- Perform a Kata from a previous grading.

KUMITE

- Jiyu Ippon Kumite
2 Jodan 1 Yoko geri
2 Chudan 1 Mawashi geri
2 Mae geri

Minimum training time before the next grade is 72 hours, within a minimum period of 6 months. If a member completes 72 hours of training, in less than 6 months, their Instructor **must** seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 72 hours of training, before being considered for an upgrade 1 Kyu, regardless of the number of months involved.

Note: Double gradings are not permitted above Green Belt (6 Kyu) level.

Note: Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

BROWN BELT

1st Kyu (Ikkyu)

KIHON

Zenkutsu Dachi, Gedan Barai

- Mae geri, jun tsuki
- Mawashi geri, gyaku tsuki
- Gyaku tsuki, mae geri, jun tsuki, gedan barai

Zenkutsu Dachi, Kamae

- Mae geri, mawashi geri
- Kizami yoko kekomi, ushiro geri

Kiba Dachi

- Yoko geri keage, (stepping — change leg), yoko geri kekomi

KATA

- Tekki Shodan
- Sentei Kata (choose one Kata from this group, **not previously performed**):
Bassai Dai
Kanku Dai
Jion
Enpi
- Perform a Kata from a previous grading.

KUMITE

- Jiyu Ippon Kumite
2 Jodan 1 Yoko geri
2 Chudan 1 Mawashi geri
2 Mae geri

Note: Double gradings are not permitted above Green Belt level.

Note: Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

Minimum training time before the next grade is 72 hours, within a minimum period of 6 months. Members must complete the required 72 hours of training, before being considered for an upgrade to Shodan, regardless of the number of months involved.

A minimum of 3 years and 432 hours of training must be completed before a member may be nominated to attempt a Shodan Grading, or, providing the member has completed 432 hours of training (with any past double grading having been considered) and fulfilled the above minimum requirement, of 72 hours training within a minimum period of 6 months as a 1st Kyu, the member may be recommended to attempt Shodan Grading.

Shodan applicants must be sixteen (16) years of age or over.
Junior Shodan is available for ten (10) to fifteen (15) years of age.
Refer to the table, at the bottom of Page 15, for further detail.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Kyu Grade Levels being applied by S.K.I.A.

Grade	Grade Translation	Certification	Description
Kukyu	9th Kyu (Grade)	Certified with a certificate.	White Belt with a Black Tip. May also be displayed using a Yellow Belt, which has a single White Stripe running for its full length.
Hachikyu Ho	8th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Yellow Belt – May be displayed, on the belt, using a Black Tip or a White Line through the length of the belt.
Hachikyu	8th Kyu (Grade)	Certified with a certificate.	Yellow Belt.
Nanakyu Ho	7th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Orange Belt – May be displayed, on the belt, using a Black Tip or a White Line through the length of the belt.
Nanakyu	7th Kyu (Grade)	Certified with a certificate.	Orange Belt.
Rokkyu Ho	6th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Green Belt – May be displayed, on the belt, using a Black Tip or a White Line through the length of the belt.
Rokkyu	6th Kyu (Grade)	Certified with a certificate.	Green Belt.
Gokyu Ho	5th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Purple Belt – May be displayed, on the belt, using a Black Tip.
Gokyu	5th Kyu (Grade)	Certified with a certificate.	Purple Belt.
Yonkyu Ho	4th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Purple Belt – May be displayed, on the belt, using a double line black tip.
Yonkyu	4th Kyu (Grade)	Certified with a certificate.	Purple Belt.
Sankyu	3rd Kyu (Grade)	Certified with a certificate.	Brown Belt. There is no provisional level for 3rd Kyu.
Nikyu	2th Kyu (Grade)	Certified with a certificate.	Brown Belt. There is no provisional level for 2nd Kyu.
Ikkyu	1st Kyu (Grade)	Certified with a certificate.	Brown Belt. There is no provisional level for 1st Kyu.

Apart from 9th Kyu (Rokkyu) and Brown Belt Grades, provisional grades may be issued for all Kyu Grade Levels. Provisional grades must be registered, via a grading report, in the same way as any other grade. A grading fee is not required for a member to be graded from a provisional grade to the certified grade. For example; a Provisional Green Belt can be graded to Certified Green Belt and will not have to pay an additional fee. A grading fee would have been required when the member received the provisional grade.

Except for 9th Kyu, the use of Tips and Lines on belts is optional and is in no way compulsory.

SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

Shodan applicants must be sixteen (16) years of age or over.
Junior Shodan is available for ten (10) to fifteen (15) years of age.
Refer to the table, at the bottom of Page 15, for further detail.

BLACK BELT

1st Dan (Shodan)

KIHON

Zenkutsu Dachi, Gedan Barai

- Sanbon jun tsuki (Jodan, chudan, chudan)
- Sanbon gyaku tsuki (Chudan, jodan, chudan)
- Jodan age uke, gedan barai, gyaku tsuki. Forward and/or backward stepping.
- Chudan soto ude uke (zenkutsu dachi), enpi uchi (kiba dachi), uraken (zenkutsu dachi), gyaku tsuki (zenkutsu dachi). Forward and/or backward stepping. Forward and/or backward stepping.
- Chudan uchi ude uke, jodan kizami tsuki, mae geri, chudan gyaku tsuki. Forward and/or back.

Kokutsu Dachi

- Chudan shuto uke (kokutsu dachi), kizami geri, nukite (zenkutsu dachi). Forward and/or back.

Zenkutsu Dachi, Gedan Barai

- Mae geri, mawashi, gyaku tsuki, gedan barai
- Mae geri, yoko geri kekomi, gyaku tsuki, gedan barai

Kiba Dachi

- Yoko geri keage, (stepping — change leg), yoko geri kekomi
- Nami Ashi (leg snapping wave block). Performed stationary whilst facing the examiner.

KIME WAZA

- Gyaku Tsuki. Performed from Gedan Bari, Zenkutsu Dachi. Returning to Gedan Bari position without a reach out. Hikite and hip rotation must be applied during the execution of the Gyaku Tsuki strike. Ideally, the front foot should not move.

KATA

- **(A)** Shitei Kata (Examiner chooses one Kata from this group):
Heian 1 to 5, Tekki Shodan
- **(B)** Sentei Kata (choose one Kata from this group):
Bassai Dai, Kanku Dai, Enpi, Jion

KUMITE

- Jiyu Ippon Kumite (Hidari / Migi). One of each technique: Jodan, Chudan, Mae geri, Yoko geri, Mawashi geri, Ushiro geri, Jodan kizami tsuki, Chudan gyaku tsuki.
- Jiyu Ippon Kumite, both right and left sides, with one technique performed that is the examiners choice from, 1 to 4 Jodan, chudan, mae geri, and 1 to 2 yoko geri, mawashi geri, ushiro geri, kizami tsuki, gyaku tsuki.
- Kihon Ippon Kumite, both right and left sides, with one technique performed that is the examiners choice from, 1 to 4 Jodan, chudan, mae geri, and 1 to 2 yoko geri, mawashi geri.

Minimum training time before the next grade is 288 hours, within a minimum period of 2 years.
Junior Shodan must complete 3 years (432 hours of training), after Junior Shodan registration, to be eligible to attempt Senior Nidan, upon reaching sixteen (16) years of age.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

Nidan applicants must be sixteen (16) years of age or over.
Junior Nidan is available for ten (10) to fifteen (15) years of age.
Refer to the table, at the bottom of Page 15, for further detail.

BLACK BELT

2nd Dan (Nidan)

KIHON

Jiyu Na Kamae

- Kizami tsuki, mae geri, jun tsuki
- (Step back) Age uke, (forward) mawashi geri, uraken uchi, jun tsuki

Fudo Dachi, Gedan Barai

- Chudan jun tsuki. Forward and backward stepping.
- Jun tsuki sanbon (changing into zenkutsu dachi). Forward and backward stepping.

Zenkutsu Dachi Shomen

- Mae geri, mawashi geri (same leg, to the front)
- Mawashi geri, yoko geri kekomi (same leg, to the front)
- Mae geri, yoko geri keage, ushiro geri (same leg, 3 directions)

KIME WAZA Kizami Tsuki (perform from a free stance, from and returning to a free arm position).
Hikite must be applied during the execution of the Kizami Tsuki strike.

KATA

- **(A)** Sentei Kata (choose one Kata from this group):
Bassai Dai, Kanku Dai, Jion, Enpi, Jitte.
- **(B)** Sentei Kata (choose one Kata from this group):
Hangetsu, Gankaku, Tekki Nidan, Bassai Sho, Kanku Sho.
- Applicants may be asked to perform any Kata, from a previous grading, up to the Sentei List.

KUMITE

- Jiyu Kumite (available alternatives are detailed below).
- Jiyu Ippon Kumite (Hidari / Migi) - females, & males over 36 years of age.
- Okuri Jiyu Ippon Kumite - females, & males over 36 years of age.
- Self Defence - females, & males over 36 years of age.
- Where Jiyu-Kumite, Self Defence or Kaeshi Ippon are selected, the following should also be demonstrated: Jiyu Ippon Kumite, both right and left sides, with one technique for each attack, being the candidate's choice of defence.
- Jiyu Ippon Kumite, both right and left sides, with one technique performed that is the examiners choice from, 1 to 4 Jodan, chudan, mae geri, and 1 to 2 yoko geri, mawashi geri, ushiro geri, kizami tsuki, gyaku tsuki.
- Kihon Ippon Kumite, both right and left sides, with one technique performed that is the examiners choice from, 1 to 4 Jodan, chudan, mae geri, and 1 to 2 yoko geri, mawashi geri.

Minimum training time before the next grade is 432 hours, within a minimum period of 3 years.
Junior Nidan must complete 4 years (576 hours of training), after Junior Nidan registration, to be eligible to attempt Senior Sandan, upon reaching eighteen (18) years of age.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

Sandan applicants must be eighteen (18) years of age or over.
Refer to the table, at the bottom of Page 15, for further detail.

BLACK BELT

3rd Dan (Sandan)

KIHON

Fudo Dachi, Gedan Barai

- Chudan jun tsuki. Forward and backward stepping.
- Jun tsuki sanbon (changing into zenkutsu dachi). Forward and backward stepping.

Jiyu Na Kamae Shomen

- Kizami tsuki (front), Tate shuto (to side), gyaku tsuki, jiyu na kamae
- Kizami tsuki, gyaku tsuki (rear foot across and behind), mawashi geri (step forward), uraken, gyaku tsuki, jiyu na kamae

Zenkutsu Dachi Shomen

- Mae geri, yoko geri, ushiro geri, mawashi geri

KIME WAZA Kizami Tsuki or Gyaku Tsuki (perform from a free stance, from and returning to a free arm position). Hikite must be applied during the execution of each strike.

KATA

- **(A)** Shitei Kata (Examiner chooses one Kata from this group):
Bassai Dai, Kanku Dai, Jion, Enpi, Jitte.
- **(B)** Sentei Kata (choose one Kata from this group):
Sochin, Ji'in, Tekki Sandan, Chinte, Nijushiho.
- Applicants may be asked to perform any Kata, from a previous grading, up to the Sentei List.

KUMITE

- Jiyu Kumite (available alternatives are detailed below).
- Jiyu Ippon Kumite (Hidari / Migi) - females, & males over 36 years of age.
- Okuri Jiyu Ippon Kumite - females, & males over 36 years of age.
- Self Defence - females, & males over 36 years of age.
- Where Jiyu-Kumite, Self Defence or Kaeshi Ippon are selected, the following should also be demonstrated: Jiyu Ippon Kumite, both right and left side, with one technique for each attack, being the candidate's choice of defence.
- Jiyu Ippon Kumite, both right and left sides, with one technique performed that is the examiners choice from, 1 to 4 Jodan, chudan, mae geri, and 1 to 2 yoko geri, mawashi geri, ushiro geri, kizami tsuki, gyaku tsuki.
- Kihon Ippon Kumite, both right and left sides, with one technique performed that is the examiners choice from, 1 to 4 Jodan, chudan, mae geri, and 1 to 2 yoko geri, mawashi geri.

REQUIREMENTS FOR NEXT GRADE

1. Yondan Gradings are by Technical & Development Committee invitation only.
2. Must be Sandan for a minimum of 4 years and be training/teaching consistently.
3. Training/teaching hours will be taken into consideration when selecting the nominees.
4. Must be an accredited National Judge, certified by S.K.I. Australia. A disability waiver may be requested, in writing, if the applicant has a disability that may compromise their ability to become accredited and operate effectively as a Judge or Referee at a championship event.

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SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Grading Syllabus

Yondan applicants must be twenty-five (25) years of age or over.

BLACK BELT

4th Dan (Yondan) and above.

KIHON

As directed by Examiner.

KATA – Must perform both a Sentei Kata and a Shitei Kata

Must demonstrate a free selection Kata from the Sentei list, or, a Kata that has not been performed at a previous grading examination, from the Shodan, Nidan or Sandan listed Kata.

- **Sentei Kata List:** Meikyo, Gojushiho-Dai, Gojushiho-Sho, Unsu, Wankan.
- **Shitei Kata List:** Examiner to select from Bassai Dai, Kanku Dai, Jion, Enpi, Jitte.

Explanation and demonstration of two Bunkai from each Kata, will be requested by the Examiner.

KUMITE

May be required to perform Jiyu Kumite. This is at the discretion of the examiner.

- Jiyu-Ippon x1 set. – First performed on Right Side and followed by Left:
Performed with a SKIF number system defence of the examiners choice from #1s through #6s.
- Examiner calls SKIF number system defence 1, 2, 3, 4, 5, or 6 prior to each attack. (where applicable).
- Kihon-Ippon x1 set. – First performed on Right Side and followed by Left:
Performed with a SKIF number system defence of the examiners choice from #1s through #6s.
- Examiner calls SKIF number system defence 1, 2, 3, 4, 5, or 6 prior to each attack. (where applicable).

Although they are not a compulsory part of the Grading Syllabus, it would not be unreasonable to expect a higher Dan Grade to know or have some knowledge of Okuri Jiyu Ippon Kumite, Kaeshi Ippon Kumite, Bunkai and Self Defence.

REQUIREMENTS FOR NEXT GRADE

1. Godan Gradings are by Technical & Development Committee invitation only.
2. Must be Yondan for a minimum of 5 years and be training/teaching consistently.
3. Training/teaching hours will be taken into consideration when selecting the nominees.

Special Note:

Yondan and above applicants may be required to perform anything from the S.K.I.F., Training Syllabus. It is strongly recommended that Higher Dan applicants take the time to refresh their previous acquired knowledge in this regard. Kihon Kumite, Jiyu Ippon Kumite, all Kata below their current grade level, and Kihon exercises.

Note: Any deviation from the SKIF syllabus is a recommendation for use within Australia.

SHOTOKAN KARATE INTERNATIONAL AUSTRALIA

Dan Grade Levels being applied by S.K.I.A. & S.K.I.F.

Grade	Grade Translation	Certification	Description
Shodan	1st Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Nidan	2nd Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Sandan	3rd Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Yondan	4th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Godan	5rd Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Rokudan	6th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Nanadan	7th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Hachian	8th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Kudan	9th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Judan	10th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.

All Dan Gradings are conducted by licensed S.K.I.F., Examiners and are to be displayed according to the above table. The name of the wearer and the name of the organisation may be embroidered on the belt, but there should be no indication of which level of Dan Grade the belt is for.

Dan Grade Certificates are issued by the Shotokan Karate-do International Federation, upon application, for registration, by Shotokan Karate International Australia. Valid Dan Certificates from other organisations may be recognised, but would have to be validated, on a case by case basis, before application for registration with S.K.I.F., can proceed. A registration fee would apply.

Dan Grade Certificates from other organisations that cannot be validated, or are unacceptable to S.K.I.F., would result in the holder having to undergo a confirmation grading. Normal grading and registration fees would apply to confirmation gradings.

Refer to the Grading Regulations for a full description of the limitations that apply to Dan grading, registration and confirmation procedures.

AGE LIMITATIONS FOR SENIOR DAN GRADING

Dan Grade	Minimum Terms at each Grade Level (not total).	Age Limitations
Shodan	3 years (432 hours of training), including 6 months as 1 Kyu.	16 years or over.
Nidan	2 years (288 hours of training), after Shodan registration.	16 years or over.
Sandan	3 years (432 hours of training), after Nidan registration.	18 years or over.
Yondan	4 years of consistent training, after Sandan registration.	25 years or over.
Godan	5 years of consistent training, after Yondan registration.	32 years or over.
Rokudan	6 years of consistent training, after Gondan registration.	38 years or over.
Nandan	7 years of consistent training, after Rokudan registration.	46 years or over.
Hachidan	8 years of consistent training, after Nandan registration.	55 years or over.
Age limitations have not been defined for Dan Grades above Hachidan.		

AGE LIMITATIONS FOR JUNIOR DAN GRADING

Dan Grade	Minimum Terms at each Grade Level (not total).	Age Limitations
Junior Shodan	3 years (432 hours of training), including 6 months as 1 Kyu.	10 to 15 years.
Junior Nidan	2 years (288 hours of training), after Junior Shodan registration.	10 to 15 years.
Adult Nidan	3 years (432 hours of training), after Junior Shodan registration.	16 years or over.
Adult Sandan	4 years (576 hours of training), after Junior Nidan registration.	18 years or over.

The above table takes into consideration the fact that a Junior will transition from Junior Status to Senior Status at the age of sixteen (16) years. Additional waiting times are applied when this occurs. Applies when a member does not hold a Senior Dan Grade Certificate for Shodan or Nidan.

There are no Junior Dan Grades above Nidan.